



Grange Park Primary School Physical Education Journey

Year 2

#TeamGP



Try Your Best in Every Lesson

- Passion
- Respect
- Organised
- Unselfish
- Determination

Proud to Shine



Games

In this unit you will be inventing rules for group games that develop and extend your sending and receiving skills.



Gymnastics

You will be working on pathways, straight, zigzag and curving in gymnastics.



Games

You will develop your dribbling, kicking and hitting skills specific to invasions games and apply basic tactics and strategies for attacking play.

Autumn Term

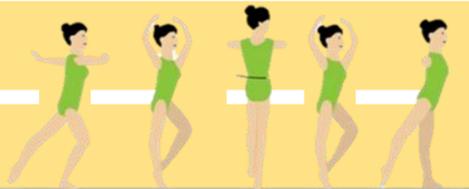
Games

This unit will focus on learning to accurately pass and receive a range of balls in different ways using your hands. You will also learn to pass and receive on the move and signal for the ball to retain possession and show progression down the pitch.



Gymnastics

You will work individually and with a partner to create a sequence that includes spinning, turning and twisting.



Summer Term

Dance

You will be learning different styles of dance and how to refine and improve dances adapting them to include use of rhythm and expression.



Gymnastics

In this unit you will learn how to link movements together.



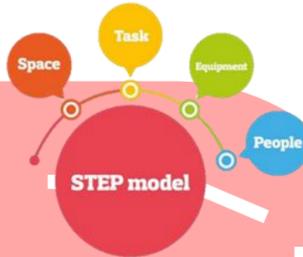
Dance

Continuing to learn different styles of dance and how to refine and improve dances adapting them to include use of rhythm and expression.



Athletics

Your lessons will be covering the three disciplines of athletics: throwing, running and jumping. You will develop an understanding of the basic technique required for each event.



Games

In this unit you will make up your own games and observe, play and improve another person's game.



Games

This unit will help you develop your throwing and catching skills using a range of sports equipment. You will also challenge yourself by trying to beat your own best scores.

Gymnastics

You will be developing the basic components of parts high and parts low.



Your Year 2 Physical Education Journey starts here ...